



# Heart 'n Hands Mission

## Love. Care. Serve.

*Our mission is to collect and provide clothing and other necessities to the homeless and working poor of Northeastern New Jersey and to raise awareness of their plight in this area and beyond.*

### Care Kit Program

Heart 'n Hands Mission is focused on providing much-needed Care Kits on a regular basis throughout the year to our sites that provide services to the homeless. Our goal is to assemble a minimum of 250 Care Kits for distribution every month. Each Care Kit fits in either a sandwich or quart size food storage bag. Our homeless friends depend on these donations to help them maintain good health and hygiene.

Each Care Kit contains 1-to-2-ounce travel size items. See examples below:



We also assemble Care Kits of feminine hygiene products. These kits include a variety of pads, liners, tampons and feminine wipes. Our homeless women are so grateful for these monthly essentials.

Assembling Care Kits can be a wonderful service project for groups of any age! Please refer to the examples above and consider supporting this vital program. And please remember the homeless when you get back to traveling! New, unused hotel toiletries are always needed as well!